



GYROTONIC®

## GYROTONIC® Therapeutic Application for Pelvic Girdle Conducted by Uwe Herbstreit

- WHERE:** **Pantai Integrated Rehab Satellite , Kuala Lumpur**  
**3<sup>rd</sup> Floor, Victoria Club,**  
**Jalan Pantai Baru, 59200 Kuala Lumpur**
- DATES:** **Wednesday –Friday 14-16 May 2014 (3 days)**
- TIMES:** **TBC**
- COST:** **US\$600 (including studio fee)**
- PRE REQ:** **Gyrotonic Level 1 Instructor**

### **This course is credited as GYROTONIC® Level 1 Update**

This course was developed by Physiotherapist, Paul Horvath who has utilized the Gyrotonic and Gyrokinesis methods with orthopedic patients at the Rheintalklinik in Bad Krozingen, Germany. In this course students will review basic terms and anatomy associated with the pelvic girdle, and will learn about common pathologies of the lumbar spine, and the pelvic-leg axis. Students will build on this conceptual framework with practical Gyrotonic and Gyrokinesis exercise applications.

### **Description - Pelvic Girdle**

#### Theoretical Part:

- Basic terms
- Movement as a Healing System
- Gyrotonic Expansion System
- Basic Anatomy
- Pathology different diseases of lumbar spine, pelvic and leg axis

#### Practical Part

- Strategy
- Programs

**NOTES:** Spaces will be reserved on a **first come first served** basis. Please return this form together with the **Deposit/ Studio-Administrative Fee of US\$200.00** as soon as possible, in order to reserve your space.

#### 1) **Deposit Remittance Instructions payment**

If you are making payment via telegraphic transfer or direct bank, please remit to the following

Name of Bank	: CIMB Cawangan Jalan Tuanku Abdul Rahman, Kuala Lumpur
Name of Account	: Pantai Integrated Rehab Services Sdn Bhd
Account Number	: 14320002833058
Swift Code	: CIBBMYKL

In case of participant cancellation, deposit is non-refundable.

In the case of non-participation due to unavailability of places, a full refund of deposit or fees paid, will be made.



**GYROTONIC®  
REGISTRATION FORM**

I would like to register for **GYROTONIC® Therapeutic Application for Pelvic Girdle (3 days) Wednesday –Friday (14-16 May2014)**

Mr [ ] Ms [ ] Family Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Country: \_\_\_\_\_ Contact Tel: \_\_\_\_\_

Terms and Conditions of Registration

- 1) Registration will be confirmed once deposit payment has been received.
- 2) Successful registrations will be confirmed by email from Pantai Integrated Rehab
- 3) Places in course will be allocated on a first come first served basis.
- 4) Course participants participate in the course entirely at their own risk and will waive all claims against the course presenter, Gyrotonic, Gyrotonic Hong Kong, Pantai Integrated Rehab for any injuries or damages suffered during the course or resulting there from.
- 5) No refund of course fees/deposit paid, if participant cancels before the start of the course.

**I have read, understood and agree to the Terms and Conditions of registration and participation in the GYROTONIC® Therapeutic Applications for Pelvic Girdle**

Name: \_\_\_\_\_ Signature: \_\_\_\_\_

**Please complete sign and fax to: 034291 1201 or scan and email: [rosjusuf@pantai.com.my](mailto:rosjusuf@pantai.com.my) or [lisawai@pantai.com.my](mailto:lisawai@pantai.com.my)**

For enquiries please contact: 0342911203/1582

Rosnah Jusuf: 012339 4282 / Lisa Wai : 0123156338



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3<sup>rd</sup> Floor Victoria Club,  
Lot 8298-8302,  
Jalan Pantai Baru,  
59200 Kuala Lumpur,  
Malaysia***

***Tel: +603-2282 3789 / Fax: +603-2282 3723***

***The building is next to Kerinchi LRT Putra  
Station. LRT is available in KL Central Station  
and Kerinchi station is the 3<sup>rd</sup> stop from it.***

